

Endemic and emerging arboviruses of mosquitoes in Ecuador

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Abstract

Arboviruses are arthropod-borne viruses that include many viruses of public health concern found in Ecuador. Dengue virus, yellow fever virus and Zika virus are in the *Flaviridae* family (1), while chikungunya virus and Mayaro virus are in the *Togaviridae* family (1). Yellow fever has circulated throughout the tropics since at least the 17th century, with the first recorded outbreak in Latin America in 1647 (2), with the virus being identified in 1927 (3). Dengue virus is also a long-time source of global outbreaks and was identified in 1943 (4). Dengue has four virus serotypes (DENV 1-4), allowing for repeated infection of individuals. Chikungunya, Zika and Mayaro were identified as causes of febrile disease more recently: the Zika virus was isolated from a monkey in 1947 in Uganda (5), chikungunya virus during an outbreak in south-eastern Africa in 1952 (1), and Mayaro virus from a patient in Trinidad in 1954 (6). Chikungunya has four genotypes: East/Central/South African, Western African, Indian Ocean and Asian (1), while Zika has two genetics lineages: Asian and African (7). Ecuador is susceptible to introductions of arboviruses transmitted by several mosquito vectors that are either well established or recently introduced and has thus experienced multiple and repeated introductions of these diseases. Of these, at present, only yellow fever has a widely available and licensed vaccine.

Keywords: arbovirus, endemic, pandemic, tropical medicine.

Arbovirosis endémicas y epidémicas en Ecuador

Resumen

Los arbovirus son virus transmitidos por artrópodos que incluyen muchos virus de preocupación para la salud pública que se encuentran en Ecuador. El virus del dengue, el virus de la fiebre amarilla y el virus Zika están en la familia *Flaviridae* (1), mientras que el virus chikungunya y el virus Mayaro están en la familia *Togaviridae* (1). La fiebre amarilla ha circulado por los trópicos desde al menos el siglo XVII, con el primer brote registrado en América Latina en 1647 (2), y el virus se identificó en 1927 (3). El virus del dengue es también una fuente de brotes globales desde hace mucho tiempo y se identificó en 1943 (4). El dengue tiene

cuatro serotipos de virus (DENV 1-4), lo que permite la infección repetida de individuos. Chikungunya, Zika y Mayaro se identificaron como causas de enfermedad febril más recientemente: el virus Zika se aisló de un mono en 1947 en Uganda (5), el virus chikungunya durante un brote en el sudeste de África en 1952 (1) y el virus Mayaro de un paciente en Trinidad en 1954 (6). Chikungunya tiene cuatro genotipos: este / centro / sur de África, África occidental, Océano Índico y asiático (1), mientras que Zika tiene dos linajes genéticos: asiático y africano (7). Ecuador es susceptible a la introducción de arbovirus transmitidos por varios mosquitos vectores bien establecidos o recientemente introducidos y, por lo tanto, ha experimentado múltiples y repetidas introducciones de estas enfermedades. De estos, en la actualidad, solo la fiebre amarilla tiene una vacuna ampliamente disponible y autorizada.

Palabras clave: arbovirus, endemia, pandemia, medicina tropical.

Background

Arboviruses are arthropod-borne viruses that include many viruses of public health concern found in Ecuador. Dengue virus, yellow fever virus and Zika virus are in the *Flaviridae* family (1), while chikungunya virus and Mayaro virus are in the *Togaviridae* family (1). Yellow fever has circulated throughout the tropics since at least the 17th century, with the first recorded outbreak in Latin America in 1647 (2), with the virus being identified in 1927 (3). Dengue virus is also a long-time source of global outbreaks and was identified in 1943 (4). Dengue has four virus serotypes (DENV 1-4), allowing for repeated infection of individuals. Chikungunya, Zika and Mayaro were identified as causes of febrile disease more recently: the Zika virus was isolated from a monkey in 1947 in Uganda (5), chikungunya virus during an outbreak in south-eastern Africa in 1952 (1), and Mayaro virus from a patient in Trinidad in 1954 (6). Chikungunya has four genotypes: East/Central/South African, Western African, Indian Ocean and Asian (1), while Zika has two genetics lineages: Asian and African (7). Ecuador is susceptible to introductions of arboviruses transmitted by several mosquito vectors that are either well established or recently introduced and has thus experienced multiple and repeated introductions of these diseases. Of these, at present, only yellow fever has a widely available and licensed vaccine.

Vectors

Several species of mosquitoes spread the arboviruses described here. Some of the mosquito species are primary or secondary vectors (the main sources of transmission to humans), while other species are infected with the viruses in the wild and may only rarely transmit the virus to humans; the potential transmission cycles of these viruses are described in Box. *Aedes aegypti* is a primary vector for yellow fever, dengue, chikungunya, and Zika viruses (8). *Aedes albopictus* is an important vector for these arboviruses in many parts of the world, sometimes as the primary but more often as the secondary vector. It was detected in Guayaquil in 2017 (9) but is not believed to be widely distributed nor playing an important role in arboviral transmission in Ecuador. Both *Ae. aegypti* and *Ae. albopictus* are expected to expand their range due to climate change (10), and this is anticipated to impact Ecuador. *Haemogogus spp* is the suspected vector of Mayaro virus (6), and is a known vector of yellow fever; for yellow fever these mosquitoes maintain sylvatic viral reservoirs but are not important sources of human disease (3).

BOX: Sylvatic and Urban Transmission Cycles

Pathogens transmitted by mosquitoes can spread through sylvatic or urban transmission cycles. The same pathogen can spread through both transmission cycles, depending on location and circumstances. In the **urban transmission** cycle, humans are the main or only mammalian host, and a disease persists via biting and transmitting by anthropophilic mosquito vectors. This is well represented by dengue fever, transmitted by *Aedes aegypti* mosquitoes, which are container-breeding urban vectors, well adapted to peri-domiciliary habitats. This is also the form of yellow fever outbreaks that occur in urban settings, when yellow fever virus is circulated primarily between people and *Aedes aegypti* mosquitoes in the urban environment, without any sylvatic involvement.

Sylvatic transmission refers to the cycle of pathogen transmission between sylvatic hosts. Sylvatic means 'of the forest', so this is commonly a wildlife and sylvatic vector cycle. In the Americas, yellow fever is thought to persist in a sylvatic cycle, between non-human primates and forest-dwelling mosquito vectors.

The introduction of sylvatic cycling pathogens into human populations occurs in two forms:

1. Dead-end: Humans may interact with the sylvatic cycle, getting bitten by a sylvatic vector, becoming infected and exhibiting disease symptoms, but either not generating sufficient pathogen load to spread to an anthropophilic vector, or simply not encountering a vector that is competent to transmit the pathogen onward. In this case, the human is known as a 'dead-end host' and the cycle does not continue. This is the case for human cases of Eastern equine encephalitis virus and West Nile virus, in which people are bitten by 'bridge' vectors – mosquitoes that will bite sylvatic animals, such as birds, reptiles, and other mammals, and also humans.
2. Sylvatic-urban emergence: In some cases, a human is infected after interacting with the sylvatic cycle and has high enough pathogen load (viral titer) to infect an anthropophilic mosquito, which can then infect another human. This can spark an urban cycle, as is the case with some urban yellow fever outbreaks. In the African yellow fever cycle, there are mosquito species that are competent anthropophilic bridge vectors, which persist in rural environments, maintaining a middle piece of the sylvatic-urban emergence boundary. In the Americas, it is thought that there are fewer of these in-between vector bridges, but this may simply be a gap in knowledge.

Table 1: Viruses and Vectors

Virus	Type	Family	Transmission	Known Vectors	Source(s)
Chikungunya	RNA	<i>Togaviridae</i>	Mosquito bite, maternal-fetal, perinatal (rare)	<i>Aedes aegypti</i> <i>Aedes albopictus</i>	(11)
Dengue	RNA	<i>Flaviviridae</i>	Mosquito bite	<i>Aedes aegypti</i> <i>Aedes albopictus</i>	(12)
Mayaro	RNA	<i>Togaviridae</i>	Mosquito bite	<i>Haemagogus spp.</i> <i>Aedes spp.</i> <i>Culex spp.</i> <i>Mansonia spp.</i> <i>Psorophora spp.</i> <i>Sabethes spp.</i>	(6,13)
Yellow fever	RNA	<i>Flaviviridae</i>	Mosquito bite	<i>Aedes aegypti</i> <i>Aedes albopictus</i> <i>Haemagogus spp.</i> <i>Sabethes spp.</i>	(3)
Zika	RNA	<i>Flaviviridae</i>	Mosquito bite, sexual, perinatal	<i>Aedes aegypti</i> <i>Aedes albopictus</i> <i>Aedes spp.</i>	(14)

MTC=mother to child, RNA=ribonucleic acid, spp=species

Clinical disease, immunology, and diagnostic testing

Clinically, the illnesses caused by *Aedes*-borne arboviruses can be difficult to distinguish, as they largely present as febrile illness, when symptomatic. Additionally, these infections have a variety of presentations with few distinguishing characteristics, with some proportion of infected individuals experiencing no symptoms (Table 2). Yellow fever confers lifelong immunity and has a safe and effective vaccine available (3). Individuals can be infected with dengue more than once, due to incomplete protection from antibodies across different dengue serotypes (15); secondary infection with a new dengue serotype can lead to more severe symptoms and increased risk for dengue hemorrhagic fever (15). Although a vaccine for dengue fever had been developed its implementation was undermined by safety concerns, where the vaccine increased the risk of severe disease in people without a history of prior dengue infection (16). Chikungunya can only infect patients once (antibodies confer lifelong immunity) (8). It is believed that the immunity for Zika is also lifelong (8). Co-infection with multiple viruses is possible and has been reported in Ecuador (17), but it is unknown how the presence of multiple viruses affects clinical presentation of disease. Table 2 summarizes the typical and severe presentation of symptoms for each disease. In Ecuador, several diagnostic tools are available to distinguish these infections: rapid tests, serological tests (IgG and/or IgM enzyme linked immunosorbent serological assays (ELISA)), and molecular tests (polymerase chain reaction (PCR)). For chikungunya, ELISAs are used in MSP clinics and are available in many clinical laboratories. For dengue, a rapid test is available, to test for the presence of viral proteins in serum (NS1

rapid test) (18). IgG and IgM ELISAs can also be used to confirm dengue and determine if the infection is primary or secondary and is used by both INSPI (18) and some clinical laboratories. Quantitative PCR is also used by INSPI to test some cases (18). There are no approved clinical diagnostic tests available to confirm Mayaro infection in Ecuador, but samples can be tested by INSPI (19). For yellow fever, either PCR or ELISA is used depending on the date of symptom onset. For Zika infection, ELISAs are used in MSP clinics and are available in many clinical laboratories.

Table 2: Clinical Presentation of Select Arboviruses

Virus	Disease(s) or Complications	Typical Duration of Acute Illness	Percent Asymptomatic	Percent Severe	Typical Symptoms	Severe Symptoms	Source(s)
Chikungunya	Chikungunya infection, chikungunya arthritis, Guillain-Barré syndrome	7-10 days	5-28%	14-87%	Fever, pain (joint or muscle), joint swelling, headache, rash, conjunctivitis	Relapsing rheumatologic symptoms	(11,20)
Dengue	Dengue fever, dengue hemorrhagic fever, dengue shock syndrome	2-7 days	50-75%	~5%	Fever, nausea/vomiting, rash, pain (retro-orbital, muscle, joint, or bone)	Stomach/belly pain/tenderness, excess vomiting, bleeding from nose/gums, vomiting blood, blood in stool, fatigue/restlessness/irritability	(12,21)
Mayaro	Mayaro infection	3-10 days	unk	>50%	Fever, malaise, headache, pain (muscle, joint, or retro-orbital)	Long-term rheumatologic symptoms	(6,22)
Yellow fever	Yellow fever	3 days	87-93%	15-20%	Fever, chills, headache, pain (back, generalized), nausea/vomiting, fatigue, weakness	High fever, jaundice, bleeding, shock, organ failure	(3,23,24)
Zika	Zika infection, Guillain- Barré syndrome, microcephaly (fetal), congenital Zika syndrome (fetal)	2 weeks	80%	rare	Fever, rash, headache, pain (joint or muscle), conjunctivitis	Microcephaly or other birth defects	(12,14,25)
unk=unknown							

Epidemiology

All of these viruses are part of the Ecuador MSP Subsistema de Vigilancia de Enfermedades Transmitidas por Vectores. Today, dengue remains a constant threat to health in Ecuador, particularly in coastal regions, while chikungunya, yellow fever, and Zika have receded from surveillance reports. In 2019, 2 cases of chikungunya were reported in Ecuador (26); no cases have been reported in 2020 as of epidemiological week (EW) 14 (27). Dengue infections were reported in 8,416 people in 2019, with Orellana, Esmeraldas, and Zamora Chinchipe experiencing the highest infection rates (26). 2020 has had a high burden of dengue cases so far, with 6,941 cases reported in the first 14 EW (27). Mayaro infections first appeared in Ecuador in 2019, with 5 cases reported in coastal Ecuador. Yellow fever cases were last reported in Ecuador in 2017 (3 cases) and Zika in 2018 (10 cases) (27). It is unknown if these viruses are still circulating in vector populations, in sylvatic cycles, or through asymptomatic infections in human populations.

History of mosquito-borne arboviruses in Ecuador

Historically, Ecuador was plagued by yellow fever and malaria outbreaks (2), with combined efforts to control these diseases beginning in Guayaquil in 1906 (28). Yellow fever outbreaks were eliminated in 1920 (28), but the maintenance of sylvatic reservoirs in the Amazon region allowed outbreaks to recur (29). The Sistema Nacional de Eradicación de

Malaria (SNEM) was founded in 1956 and worked to control multiple vector-borne diseases, including yellow fever (28). Aggressive vector control efforts led to the eradication of *Ae. aegypti* from Ecuador in 1951 and near-eradication of *Ae. aegypti* from South America in the 1960's, but control program cutbacks allowed the species to proliferate and return to Ecuador (24) in the 1970's. Large outbreaks followed in the 1980's and 1990's, leading to vaccination campaigns using the yellow fever vaccine developed in the 1930's (24). Ecuador added the yellow fever vaccine to the childhood vaccination schedule in 2000, contributing to the decline of this disease.

Dengue was likely present in Ecuador before the 20th century, causing periodic outbreaks thought to be caused by a single serotype (29). Efforts to eradicate *Aedes aegypti* to control yellow fever also led to elimination of dengue fever for the 1960's and 1970's (29). Reemergence of dengue in Ecuador began in 1988 with DENV-1 (18). By 2000, all four dengue serotypes were in Ecuador (15,18), causing a large outbreak (22,937 cases) in that year (4). The co-circulation of these serotypes contributes to a pattern of strong dengue outbreaks every 3-5 years (30). In a single year, all four serotypes may be present with one serotype often dominating (18). The most recent available analyses by INSPI found that serotypes 1 and 2 were circulating in 2019 (26).

Chikungunya was introduced to the Caribbean in 2013 and caused a major epidemic in nearly 50 countries, including Ecuador, beginning in late 2015 (12), though clinical descriptions from a series of outbreaks in Central America and the Caribbean in the 1820's suggest chikungunya has been to the Americas before (4). Although there are multiple strains of chikungunya, the Asian strain is responsible for the large outbreak in the Americas, though the East/Central/South African was also detected in Brazil (1). Zika followed shortly after, arriving to the Americas in May 2015 (14), with the first case reported in Ecuador in January 2016.

There are several arboviruses that could potentially cause widespread public health problems in Ecuador due to the presence of suitable mosquito vectors. Mayaro was reported in Ecuador after INSPI decided to screen patients who were otherwise negative for dengue, chikungunya, and Zika, finding 5 positives (19). Other serological research has identified high Mayaro seroprevalence (46%) among Ecuadorians from Amazonian provinces (13). Due to its relatively mild symptoms, it may continue to circulate silently in Ecuador, or could potentially cause outbreaks as it has in Venezuela (31). Venezuelan equine encephalitis (VEE) is caused by an *Alphavirus* spread through many mosquito species that feed on mammals, including *Culex spp.* and *Aedes spp.* This is another example of a potentially emerging vector-borne disease in Latin America, where VEE outbreaks have been reported in humans and horses (32). An outbreak of VEE occurred in Ecuador in 1969, part of a larger regional outbreak (33), and testing among subjects with undifferentiated febrile illness yielded a VEE-positive result (34). Oropouche virus, a zoonotic *Orthobunyavirus* spread by *Aedes serratus*, *Coquillettidia venezuelensis*, and *Culex quinquefasciatus* mosquitoes and *Culicoides* midges has caused outbreaks in Brazil, Panama, Peru and Trinidad and Tobago (35). The mosquitoes and reservoirs that comprise the Oropouche transmission cycle are also present in Ecuador, and there is a report of one human case from Ecuador's Amazon region (34), meaning Oropouche fever outbreaks could occur if the virus escapes its sylvatic cycle. Another potential threat is Usutu virus: this *Flavivirus* is also spread by *Culex spp.* This virus has caused frequent outbreaks in Europe and the high rate of travel between Ecuador and Europe (and the presence of *Culex spp.* in Ecuador) could potentially lead to its introduction to Ecuador (31). There is great diversity in arboviral pathogens and their vectors, and therefore the potential for novel and emerging mosquito-borne diseases in Ecuador is not limited to those discussed here.

Mosquito-borne Arboviral Disease Research in Ecuador

Descriptive studies of mosquito-borne arboviruses in Ecuador include clinical reports, serological surveys, or entomological surveys. Clinical reports have demonstrated the complexity of arboviral disease presentation among patients in Ecuador, including coinfections and complications (36). Studies of undifferentiated febrile illness or serological surveys have provided important insights into infections that are potentially missed by the current surveillance system in Ecuador, including Mayaro disease (13,34,37). Entomological surveys show the suitability of Ecuadorian habitats for many mosquito species and detection of new species to Ecuador (9,38,39), and demonstrated that Asian lineages of chikungunya and Zika were circulating in *Ae. aegypti* populations in Ecuador (7).

Research efforts have revealed important information about mosquito populations and their habitats in Ecuador, including the impact of altitude and environment on presence of *Ae. and Culex* species (39,40), habitats of *Ae. aegypti* and the climate or environmental factors that influence *Ae. aegypti* abundance (41–44), the genetic complexity, adaptation, and vectorial capacity of *Ae. taeniorhynchus* populations in Galápagos (45–49), and the preferred hosts of *Ae. taeniorhynchus* and *Culex quinquefasciatus* (46,50).

Several studies have examined vector control by the public health sector in Ecuador. Surveys with mosquito control programs and among households detail the typical vector control efforts from municipal services (42,51), including home visits to inspect water tanks, conduct indoor residual spraying, and provide larvicides, as well as municipal fumigation and other insecticide applications. However, field studies and laboratory experiments show the impact of widespread insecticide use and demonstrate the need for new vector control strategies due to the development of resistance (52) and

the importance of targeted efforts for high-risk homes (44) and efficient delivery of vector control services (53). Experimental studies in Ecuador are testing the potential for new mosquito control devices (54).

Prospective active surveillance studies of arboviral infections in southern coastal Ecuador have generated high-resolution longitudinal epidemiological datasets and sample banks (18). These studies have elucidated the burden of arboviral disease and clinical presentation across demographic groups, the DENV serotypes and strains in circulation, the prevalence of primary versus secondary dengue infections, and the ratio of symptomatic to subclinical infections. Researchers found that the burden of symptomatic DENV infections was greatest in children aged less than 10 years, whereas adults greater than 60 years of age bore the greatest burden of symptomatic CHIKV infections. During the first CHIKV epidemic in 2015, this study found a high proportion of CHIKV infections that were misdiagnosed as dengue and the high prevalence of DENV and CHIKV co-infections. Forty-three percent of clinically diagnosed (suspected) DENV cases were positive for CHIKV (and negative for DENV); 11.5% of subjects with CHIKV infections were also positive for DENV. During the CHIKV epidemic, researchers documented a peripartum case with DENV and CHIKV co-infections, with a benign clinical course and favorable pregnancy outcome (36). In this same population, investigators explored the role of micronutrients in arboviral disease, and found that serum ferritin and retinol-binding protein concentrations (nutritional biomarkers) were associated with symptomatic dengue infections (55).

Other studies have documented co-infections of arboviruses with non-arboviral vector borne diseases (tick borne disease and Chagas disease) in this same population. A recent study found that 25% of individuals with dengue-like febrile illness had evidence of anti-spotted fever group rickettsial antibodies, and co-infections with DENV and CHIKV were detected (56). This was the first report of tickborne illness and arbovirus co-infections from this region. Mita-Mendoza et al. documented a low prevalence of Chagas disease in this region (0.91%), caused by the *Trypanosoma cruzi* parasite, and identified one case of *T. cruzi*/dengue co-infection and one case of *T. cruzi*/chikungunya/dengue coinfection (57).

Three studies of note have compared arbovirus and vector dynamics from Ecuador to other regions of the world. Quintero *et al.* compared field data from household mosquito pupal surveys conducted in cities in Ecuador (Machala), Mexico, Colombia, Brazil and Uruguay (42). The authors found that Ecuador had the highest *Ae. aegypti* pupal indices amongst the five countries, suggesting an elevated risk of arboviral disease transmission in the region. Caldwell *et al.* compared the multiyear dynamics of dengue cases and *Ae. aegypti* populations from four ecologically varied sites in El Oro Province, Ecuador, and four sites in Kenya (58). They used mechanistic models based on mosquito physiology and found that temperature, rainfall, and humidity predicted both disease and mosquito dynamics relatively well across the diverse site. Anderson *et al.* retrospectively compared the clinical epidemiology of dengue infections from arbovirus surveillance studies in Machala, Ecuador, and Kamphaeng Phet, Thailand, that used similar cluster-based methods (59). They found that DENV incidence was remarkably alike across both sites; however, they noted a higher occurrence of secondary DENV infections and severe illness in Thailand. They also found a higher number of *Ae. aegypti* mosquitoes per household and an increasing proportion of subclinical DENV infections with age in Thailand as compared to Ecuador, suggesting a higher force of infection in Thailand.

There has been some initial research on arbovirus phylogenetics and molecular epidemiology in Ecuador. A study of DENV isolates in Ecuador from 2000 to 2007 revealed a relation to strains from the Caribbean region (60). Another study using samples collected in Machala in 2014 and 2015, revealed that the strain of DENV-1 in circulation at the time was likely introduced to Ecuador two separate times, from Colombia and Venezuela and the DENV-2 in circulation came from a single introduction, likely from Colombia or Venezuela (18). This same study found that CHIKV likely originated via two introductions of the virus from the Caribbean or the United States as early as 2011 and 2013, and that the strain present in Ecuador is the Asian strain (61). Earlier studies assessed the molecular epidemiology and rate of viral evolution of DENV-3 in Ecuador, finding higher rates of nucleotide substitution than expected (62) and evidence of relation to strains from Peru (63).

To date there are three reports detailing major dengue outbreaks in coastal Ecuador that occurred in Machala during 2010 (64), Guayaquil during 2012 (65,66). The 2010 DENV outbreak was the largest dengue outbreak ever documented in the Province of El Oro, Ecuador, caused predominantly by DENV-1. Over 4,000 cases were reported in El Oro, and approximately half of these cases were in the capital city of Machala. During the 2012 outbreak, over 4,000 cases of dengue fever were reported in Guayaquil alone. Both studies found that spatial patterns of dengue incidence were not evenly distributed in either cities during the respective outbreaks. Furthermore, the condition of households was identified as a major risk factor for dengue transmission in all studies. Spatial clustering of dengue is often observed during outbreaks in Ecuador, which motivates research to explain these spatial patterns (64–67). Clustering of *Ae. aegypti* is common and often related to availability of breeding habitats (43).

Environmental and climate drivers of arboviral illness in Ecuador are a principle focus of research due to the strong seasonal patterns of disease transmission and the impact of the El Niño/Southern Oscillation (ENSO) on regional climate patterns which drive arboviral epidemics. Multiple studies have linked ENSO to dengue cases in Ecuador (30,68), and there is evidence to suggest that ENSO models and seasonal climate forecast models could potentially be used to predict

dengue seasons in Ecuador (69). In coastal Ecuador, dengue can be transmitted year-round; however, the disease displays strong annual seasonality in many parts of Ecuador, with cases peaking each year from February—April (44,68). Other interannual effects—likely related to climate, serotypes in circulation, or vector control interventions—determine whether there will be a large dengue outbreak each year (30,64,68). Climate and weather factors are extremely important to arboviral disease, as mosquitoes require certain habitats with standing water to breed and transmission is influenced by ambient temperature (70). Increasing minimum temperature and rainfall have repeatedly been shown to be associated with dengue cases in multiple locations in Ecuador (30,64,68) and have been used to forecast dengue epidemics (69,71,72).

Several studies documented the impact of the April 2016 earthquake on arboviral illness (73–77). Comparisons of the area near the earthquake epicenter from before and after the earthquake found a large increase in the number of Zika cases (76). Increases in stress are a potentially linked to this increase (73), but more importantly, the earthquake coincided with a strong ENSO year (75). The earthquake itself created ecological changes (destruction of buildings) that increased mosquito breeding habitats (74,77). These climate conditions, ecological changes, and socioeconomic vulnerability after the earthquake contributed to the severity of the outbreak (74,75,77). The earthquake also caused delays in care-seeking for these patients (76).

Sociological factors have been shown to affect the abundance of *Ae. aegypti* in Ecuador. Features of the home, water storage practices, and knowledge of vector-borne diseases impact *Ae. aegypti* populations (44). Unsurprisingly, these factors also impact dengue risk: home conditions and access to piped water were associated with dengue infections in Machala, El Oro, and Galápagos (64,78). Human behavior is also critical to arboviral disease risk: stress may be related to arboviral infections (73), household mosquito control impacts *Ae. aegypti* presence, movement patterns affect dengue risk (78), health care seeking behavior and perceptions of health care providers, and holidays or weekends determine whether patients are likely to seek care at a clinic for their dengue-related symptoms (68,79). A detailed analysis of community perceptions and knowledge of dengue was conducted in 2011, providing insights into how people live with the risk of dengue in Ecuador (80). Household efforts to control mosquitos can require considerable time and effort (80), in addition to significant economic resources (81). An analysis of household mosquito control expenditures in Machala found that low-income households spent more than 10% of discretionary income on mosquito control efforts (81), and price was just as important as effectiveness when choosing mosquito control products. The costs of mosquito control, both in terms of time and money, add to the burden that diseases place on communities while also creating additional challenges to the prevention of dengue outbreaks.

Two types of predictions models have been used to understand arboviral disease in Ecuador. One series of studies focuses on the potential for disease forecasting by combining seasonal climate and ENSO forecasts, showing that the prediction of dengue epidemics, months in advance, may be possible for some cities in Ecuador (69,71,72). Another paper focuses on the clinical experience of arboviral disease, showing that machine learning models could potentially be used to predict whether patients suspected of having an arboviral infection should be hospitalized or sent home (82).

Future Challenges

Despite the advances in our knowledge regarding arboviral disease transmission and risk factors, there are still many opportunities for future research. Detection of emerging arboviruses, investigating dynamics of co-circulating infections, determining the impact of human movement on patterns of disease transmission, and mitigating potential impacts of climate changes are some examples of future challenges that public health professionals in Ecuador will face. Some current knowledge gaps and avenues for future research are outlined in Table 3.

Table 3: Knowledge Gaps, Challenges and Areas of Future Research

<i>Knowledge Gap/Challenge</i>	<i>Future Research</i>
Presence of new emerging arboviruses in Ecuador	Serological surveys, surveillance of mosquito populations
Sylvatic transmission cycles for arboviruses	Active surveillance of mosquitoes and potential reservoir species
Introduction of Zika virus in Ecuador	Phylogenetic research of Zika samples
Synchronicity of viral circulation in mosquito and human populations	Longitudinal coordinated human and mosquito surveillance
Role of climate and environment in non-endemic regions of Ecuador	Ecological and cohort studies implementing environmental and climate measures for non-endemic areas

Impact of cross-protection between yellow fever vaccination, prior dengue infection, and/or prior Zika infection on future risk for arboviral infection	Cohort studies with detailed serological profiles of subjects and serological surveillance
Role of human movement patterns on spread of arboviruses	Cohort studies collecting movement data, ecological research using movement approximations
New interventions or vector control methods	Field studies for potential interventions, modeling/simulation studies to measure potential impact

Arboviral infections pose an ongoing threat to public health in Ecuador. Vector-borne disease systems are complex, requiring expertise from a broad range of scientific disciplines and health-related fields to design effective management strategies. However, a growing body of research continues to provide new information to help guide policy formation and improve mosquito control efforts. Building upon this base of knowledge will not only help us reduce the impact that prevalent diseases have on local communities, but also strengthen resilience against the threat of future emerging pathogens.

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